

The Mira Vie Administrative Team

Executive Director	Shanyn Muraczewski
Business & People Dir.	Jennifer Goins
Health & Wellness Dir.	D'Ann Black
Resident Care Coord.	Nicole Kristiansen
Sales & Marketing Dir.	Sunny Burrough
Resident Experience Dir.	Kimberleigh Barlow
Plant Operations Dir.	Jared Ross
Restaurant Services Dir.	Krista Barfield
Moments Matter Coord.	Elizabeth Siwiak



July Resident Birthdays

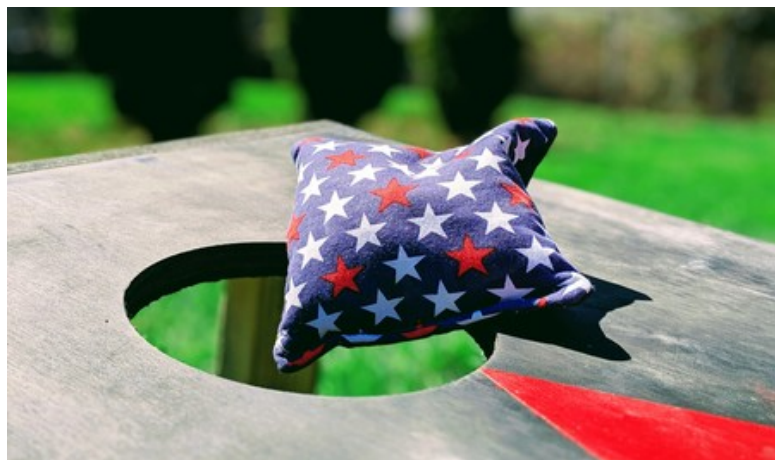
Annaleise Marx	7/1
Patricia Schmidt	7/1
Edward Melia	7/8
Joann Brendler	7/12
Paula Bird	7/13
Jean Morrison	7/16
Ann Jeanette Birmingham	7/26
Carolyn Courter	7/26
Michael Faulkner	7/26
Carolene Sirard	7/28
Eli Horowitz	7/30

July 2026



A Little Self-Reflection

July 3 is Compliment Your Mirror Day—but why not start every day with a self-esteem boost? Therapeutic research has shown that looking in a mirror while giving yourself an encouraging pep talk has stronger soothing effects than just saying the words alone.



\$

Costs Money

🚌

Transportation

🎨

Arts & Crafts

🚶

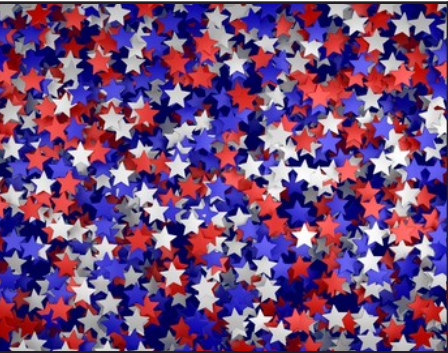
Exercise

♥

Mira Vie Signatures

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Social

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 5 9:30 B Morning News & Horoscopes 10:00 AR St. Lukes Parish Church Service 10:30 D Sunday Stretching🚶 11:00 AR Suncatcher Paintings🎨 2:00 AR BINGO\$ 3:30 B Trivial Pursuit 6:30 TH Movie Club	 6 9:30 B Morning News & Horoscopes 10:00 D Disco Music Fitness🚶 10:30 AR France Map Coloring★ 11:00 FL Bus Trip to Wawa🚌 2:00 AR BINGO\$ 3:30 GS Kozy Korner Store Opens\$ 6:30 AR Crossword Puzzles	 7 9:30 FL Bus Trip🚌 10:00 D Zumba by Fit Group USA🚶 10:30 AR Paint by Number🎨 1:30 TH Afternoon at the Movies 2:00 AR Left Right Center Dice Game\$ 3:30 GS Kozy Korner Store Opens\$ 6:30 AR Colorful Creations🎨	1 International Fruit Day 9:30 B Morning News & Horoscopes 10:00 D Exercise to the Oldies🚶 10:30 AR Activity & Food Planning Meeting♥ 11:30 DR Summer BBQ Lunch 2:00 D Horse Racing\$ 3:00 B Fruit & Tropical Drink Social👥 4:00 B Table Topics 6:30 AR BINGO\$	2 9:30 B Morning News & Horoscopes 10:00 D Chair Yoga🚶 10:30 AR Nail Day 11:30 AR Takeout Thursday♥ 1:30 TH Afternoon at the Movies 2:00 AR Left Right Center Dice Game\$ 3:30 GS Kozy Korner Store Opens\$ 6:30 AR Art & Word Sheets🎨	3 Dress Patriotic Day 9:30 B Morning News & Horoscopes 10:00 D Friday Fitness🚶 10:30 AR Bible Study 2:00 D Entertainment by DJ Rich Sparta🎵 3:00 B Happy Hour👥 4:00 AR Rummikub Games 6:30 TH Friday Night at the Movies	4 Happy Independence Day! 9:30 B Morning News & Horoscopes 10:00 D Saturday Morning Fitness🚶 10:30 TH Praying the Rosary 10:30 AR Velvet Coloring🎨 2:00 AR Patriotic JINGO\$ 3:30 B Fourth of July Happy Hour👥 4:00 B TV Trivia Games 6:30 AR Card Games
12 9:30 B Morning News & Horoscopes 10:00 AR St. Lukes Parish Church Service 10:30 D Sunday Stretching🚶 11:00 AR Suncatcher Paintings🎨 2:00 AR BINGO\$ 3:30 B Trivial Pursuit 6:30 TH Movie Club	13 9:30 B Morning News & Horoscopes 10:00 D Disco Music Fitness🚶 10:30 AR France Word Search★ 11:00 FL Bus Trip to Wawa🚌 2:00 AR BINGO\$ 3:30 GS Kozy Korner Store Opens\$ 6:30 AR Crossword Puzzles	14 9:30 FL Bus Trip🚌 10:00 D Chair Dance Fitness🚶 10:30 AR Paint by Number🎨 1:30 TH Afternoon at the Movies 2:00 AR Left Right Center Dice Game\$ 3:30 GS Kozy Korner Store Opens\$ 6:30 AR Colorful Creations🎨	15 Carnival Day; Wear Bright Colors 6:30 AR BINGO\$ 9:30 B Morning News & Horoscopes 10:00 D Exercise to the Oldies🚶 10:30 AR Carnival Themed Crafts♥ 11:30 DR Open Seating Family BBQ ♥ 12:30 P 12:30-3PM Carnival Games ♥ 2:00 D Entertainment by Rich Sparta🎵 3:00 B Ice Cream Social👥	16 9:30 B Morning News & Horoscopes 10:00 D Chair Yoga🚶 10:30 AR Nail Day 11:30 AR Takeout Thursday♥ 1:30 TH Afternoon at the Movies 2:00 AR Left Right Center Dice Game\$ 3:30 GS Kozy Korner Store Opens\$ 6:30 AR Art & Word Sheets🎨	17 Beach Day; Wear Summer Hats & Sunglasses 9:30 B Morning News & Horoscopes 10:00 D Friday Fitness🚶 10:30 AR Bible Study 2:00 D Entertainment by Lou Abbato🎵 3:00 B Happy Hour👥 4:00 AR Rummikub Games 6:30 TH Friday Night at the Movies	18 9:30 B Morning News & Horoscopes 10:00 D Saturday Morning Fitness🚶 10:30 TH Praying the Rosary 10:30 AR Velvet Coloring🎨 2:00 AR Women's Red Hats Club♥ 3:30 B Saturday Social👥 4:00 B TV Trivia Games 6:30 AR Card Games
19 9:30 B Morning News & Horoscopes 10:00 AR St. Lukes Parish Church Service 10:30 D Sunday Stretching🚶 11:00 AR Suncatcher Paintings🎨 2:00 AR BINGO\$ 3:30 B Trivial Pursuit 6:30 TH Movie Club	20 9:30 B Morning News & Horoscopes 10:00 D Disco Music Fitness🚶 10:30 AR Music Ministries by Bunny Edwards♥ 11:00 FL Bus Trip to Wawa🚌 2:00 AR BINGO\$ 3:30 GS Kozy Korner Store Opens\$ 6:30 AR Crossword Puzzles	21 9:30 FL Bus Trip🚌 10:00 D Chair Dance Fitness🚶 10:30 AR Paint by Number🎨 1:30 TH Afternoon at the Movies 2:00 AR Left Right Center Dice Game\$ 3:30 GS Kozy Korner Store Opens\$ 6:30 AR Colorful Creations🎨	22 9:30 B Morning News & Horoscopes 10:00 D Exercise to the Oldies🚶 10:30 AR Summer Craft🎨 11:30 FL Bus Trip🚌 2:00 D CASINO DAY 2-4PM♥ 3:00 B Wings Wednesday♥ 4:00 B Table Topics 6:30 AR BINGO\$	23 9:30 B Morning News & Horoscopes 10:00 D Chair Yoga🚶 10:30 B Fact or Crap Game 1:30 TH Afternoon at the Movies 2:00 AR JINGO\$ 3:30 GS Kozy Korner Store Opens\$ 6:30 AR Art & Word Sheets🎨	24 Floral Friday 9:30 B Morning News & Horoscopes 10:00 D Friday Fitness🚶 10:30 AR Bible Study 2:00 D Entertainment by Mary Beth🎵 3:00 B Happy Hour👥 4:00 AR Rummikub Games 6:30 TH Friday Night at the Movies	25 9:30 B Morning News & Horoscopes 10:00 D Saturday Morning Fitness🚶 10:30 TH Praying the Rosary 10:30 AR Watercolor Painting🎨 2:00 AR Arts & Crafts🎨 3:30 B Saturday Social👥 4:00 B TV Trivia Games 6:30 AR Card Games
26 9:30 B Morning News & Horoscopes 10:00 AR St. Lukes Parish Church Service 10:30 D Sunday Stretching🚶 11:00 B Donuts & Coffee Social👥 2:00 AR BINGO\$ 3:30 B Trivial Pursuit 6:30 TH Movie Club	27 9:30 B Morning News & Horoscopes 10:00 D Disco Music Fitness🚶 10:30 AR France Flag Craft★ 11:00 FL Bus Trip to Wawa🚌 2:00 AR BINGO\$ 3:30 GS Kozy Korner Store Opens\$ 6:30 AR Crossword Puzzles	28 9:30 B Morning News & Horoscopes 10:00 D Chair Dance Fitness🚶 10:30 AR Resident Council Meeting♥ 11:30 FL Bus Trip🚌 1:30 TH Afternoon at the Movies 2:00 AR Left Right Center Dice Game\$ 3:30 GS Kozy Korner Store Opens\$ 6:30 AR Colorful Creations🎨	29 Wear Red, White & Blue for France Day 9:30 FL Bus Trip🚌 10:00 D Exercise to the Oldies🚶 10:30 AR France Craft★ 11:30 DR France Day Lunch Buffet★ 2:00 B Let's Go to France Virtual Tour★ 3:00 B France Happy Hour★ 4:00 B France Fun Facts & Trivia★ 6:30 AR BINGO\$	30 9:30 B Morning News & Horoscopes 10:00 D Chair Yoga🚶 10:30 AR Nail Day 11:30 AR Takeout Thursday♥ 1:30 TH Afternoon at the Movies 2:00 AR Left Right Center Dice Game\$ 3:30 GS Kozy Korner Store Opens\$ 6:30 AR Art & Word Sheets🎨	31 Wear Neutral Colors Day 9:30 B Morning News & Horoscopes 10:00 D Friday Fitness🚶 10:30 AR Bible Study 2:00 D Entertainment by Nick on the Piano🎵 3:00 B Resident Birthday Bash👥 4:00 AR Rummikub Games 6:30 TH Friday Night at the Movies	

HAPPY *Independence* ★ DAY ★

