



MIRA VIE

AT MANALAPAN

ASSISTED LIVING | MEMORY SUPPORT

A DISTINCTIVE LIVING COMMUNITY

445 US-9 • Manalapan, NJ 07726 • 732.972.6200

July 2026



July Birthdays

7/18 Ramona M.
7/24 Albert M.
7/28 Judy M.



The Directors of Mira Vie Manalapan

Morgan Berardi	Executive Director
Caitlyn Thompsett	Health & Wellness
Sahiem James	Restaurant & Hospitality
Laura Van Ness	Business & People
Betty Lou LaRocco ...	Resident Experience/Memory Care
Fred Ott	Plant Operations
Aleah Hosszu	Sales and Marketing



STAY COOL
STAY HYDRATED

July 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 5 Morning (Gentle Start): Compassion & Care Mid-Morning (Engagement): Catholic Church Service (AL) The Daily Chronicle Midday (Movement): Motivation and Hydration Early Afternoon (Reset): Recharge & Refresh Afternoon (Purposeful Living): Sunshine & Fresh Air on the Patio Late Afternoon (Joyful Time): Pin Pals Bowling Evening (Wind Down): Peaceful Evening Enjoyment	 6 Morning (Gentle Start): Compassion & Care Mid-Morning (Engagement): Rosary (AL) The Daily Chronicle Midday (Movement): Sit and be Fit Early Afternoon (Reset): Recharge & Refresh Afternoon (Purposeful Living): Laundry Sorting and Napkin Folding Late Afternoon (Joyful Time): Left, Right, Center Evening (Wind Down): Nighttime Reflection	 7 Morning (Gentle Start): Compassion & Care Mid-Morning (Engagement): The Daily Chronicle Midday (Movement): Move and Groove Early Afternoon (Reset): Recharge & Refresh Afternoon (Purposeful Living): Gardening Club Late Afternoon (Joyful Time): Artistic Expression Paints and Pencils Evening (Wind Down): Nighttime Unwind	1 Morning (Gentle Start): Compassion & Care Mid-Morning (Engagement): The Daily Chronicle Midday (Movement): Motivation & Hydration Early Afternoon (Reset): Recharge & Refresh Afternoon (Purposeful Living): Walking Club Late Afternoon (Joyful Time): Sing-along Evening (Wind Down): Evening Reflection	2 Morning (Gentle Start): Compassion & Care Mid-Morning (Engagement): The Daily Chronicle Midday (Movement): Sit and be Fit Early Afternoon (Reset): Recharge & Refresh Afternoon (Purposeful Living): Sunshine & Fresh Air on the Patio Late Afternoon (Joyful Time): Toss Across Evening (Wind Down): Evening Wind Down	3 Morning (Gentle Start): Compassion & Care Mid-Morning (Engagement): The Daily Chronicle Midday (Movement): Move and Groove Early Afternoon (Reset): Recharge & Refresh Afternoon (Purposeful Living): A Little Conversation Late Afternoon (Joyful Time): Afternoon Bingo Evening (Wind Down): Nighttime Unwind	Independence Day 4 Morning (Gentle Start): Compassion & Care Mid-Morning (Engagement): Happy 250th America! The Daily Chronicle Midday (Movement): Sit and be Fit Early Afternoon (Reset): Recharge & Refresh Afternoon (Purposeful Living): Guess the President Late Afternoon (Joyful Time): Red, White and Balloons Game Evening (Wind Down): Peaceful Evening Enjoyment
12 Morning (Gentle Start): Compassion & Care Mid-Morning (Engagement): Catholic Church Service (AL) The Daily Chronicle Midday (Movement): Motivation and Hydration Early Afternoon (Reset): Recharge & Refresh Afternoon (Purposeful Living): Sunshine & Fresh Air on the Patio Late Afternoon (Joyful Time): Pin Pals Bowling Evening (Wind Down): Peaceful Evening Enjoyment	13 Morning (Gentle Start): Compassion & Care Mid-Morning (Engagement): Rosary (AL) The Daily Chronicle Midday (Movement): Sit and be Fit Early Afternoon (Reset): Recharge & Refresh Afternoon (Purposeful Living): Laundry Sorting and Napkin Folding Late Afternoon (Joyful Time): Left, Right, Center Evening (Wind Down): Nighttime Reflection	14 Morning (Gentle Start): Compassion & Care Mid-Morning (Engagement): The Daily Chronicle Midday (Movement): Move and Groove Early Afternoon (Reset): Recharge & Refresh Afternoon (Purposeful Living): Gardening Club Late Afternoon (Joyful Time): Artistic Expression Paints and Pencils Evening (Wind Down): Nighttime Unwind	15 Morning (Gentle Start): Compassion & Care Mid-Morning (Engagement): The Daily Chronicle Midday (Movement): Motivation & Hydration Early Afternoon (Reset): Recharge & Refresh Afternoon (Purposeful Living): Walking Club Late Afternoon (Joyful Time): July Birthday Celebration with John Addisano (AL) Evening (Wind Down): Evening Reflection	16 Morning (Gentle Start): Compassion & Care Mid-Morning (Engagement): The Daily Chronicle Midday (Movement): Sit and be Fit Early Afternoon (Reset): Recharge & Refresh Afternoon (Purposeful Living): Sunshine & Fresh Air on the Patio Late Afternoon (Joyful Time): Toss Across Evening (Wind Down): Evening Wind Down	17 Morning (Gentle Start): Compassion & Care Mid-Morning (Engagement): The Daily Chronicle Midday (Movement): Move and Groove Early Afternoon (Reset): Recharge & Refresh Afternoon (Purposeful Living): A Little Conversation Late Afternoon (Joyful Time): Afternoon Bingo Evening (Wind Down): Nighttime Unwind	18 Morning (Gentle Start): Compassion & Care Mid-Morning (Engagement): The Daily Chronicle Midday (Movement): Sit and be Fit Early Afternoon (Reset): Recharge & Refresh Afternoon (Purposeful Living): Walking Club Late Afternoon (Joyful Time): Balloon Games Evening (Wind Down): Peaceful Evening Enjoyment
19 Morning (Gentle Start): Compassion & Care Mid-Morning (Engagement): Catholic Church Service (AL) The Daily Chronicle Midday (Movement): Motivation and Hydration Early Afternoon (Reset): Recharge & Refresh Afternoon (Purposeful Living): Sunshine & Fresh Air on the Patio Late Afternoon (Joyful Time): Pin Pals Bowling Evening (Wind Down): Peaceful Evening Enjoyment	20 Morning (Gentle Start): Compassion & Care Mid-Morning (Engagement): Rosary (AL) The Daily Chronicle Midday (Movement): Sit and be Fit Early Afternoon (Reset): Recharge & Refresh Afternoon (Purposeful Living): Laundry Sorting and Napkin Folding Late Afternoon (Joyful Time): Left, Right, Center Evening (Wind Down): Nighttime Reflection	21 Morning (Gentle Start): Compassion & Care Mid-Morning (Engagement): The Daily Chronicle Midday (Movement): Move and Groove Early Afternoon (Reset): Recharge & Refresh Afternoon (Purposeful Living): Gardening Club Late Afternoon (Joyful Time): Artistic Expression Paints and Pencils Evening (Wind Down): Nighttime Unwind	22 Morning (Gentle Start): Compassion & Care Mid-Morning (Engagement): The Daily Chronicle Midday (Movement): Motivation & Hydration Early Afternoon (Reset): Recharge & Refresh Afternoon (Purposeful Living): Puzzle Me This Late Afternoon (Joyful Time): Sing-along Evening (Wind Down): Evening Reflection	23 Morning (Gentle Start): Compassion & Care Mid-Morning (Engagement): The Daily Chronicle Midday (Movement): Sit and be Fit Early Afternoon (Reset): Recharge & Refresh Afternoon (Purposeful Living): Sunshine & Fresh Air on the Patio Late Afternoon (Joyful Time): Toss Across Evening (Wind Down): Evening Wind Down	24 Morning (Gentle Start): Compassion & Care Mid-Morning (Engagement): The Daily Chronicle Midday (Movement): Move and Groove Early Afternoon (Reset): Recharge & Refresh Afternoon (Purposeful Living): A Little Conversation Late Afternoon (Joyful Time): Afternoon Bingo Evening (Wind Down): Nighttime Unwind	25 Morning (Gentle Start): Compassion & Care Mid-Morning (Engagement): The Daily Chronicle Midday (Movement): Sit and be Fit Early Afternoon (Reset): Recharge & Refresh Afternoon (Purposeful Living): Walking Club Late Afternoon (Joyful Time): Balloon Games Evening (Wind Down): Peaceful Evening Enjoyment
26 Morning (Gentle Start): Compassion & Care Mid-Morning (Engagement): Catholic Church Service (AL) The Daily Chronicle Midday (Movement): Motivation and Hydration Early Afternoon (Reset): Recharge & Refresh Afternoon (Purposeful Living): Sunshine & Fresh Air on the Patio Late Afternoon (Joyful Time): Pin Pals Bowling Evening (Wind Down): Peaceful Evening Enjoyment	27 Morning (Gentle Start): Compassion & Care Mid-Morning (Engagement): Rosary (AL) The Daily Chronicle Midday (Movement): Sit and be Fit Early Afternoon (Reset): Recharge & Refresh Afternoon (Purposeful Living): Laundry Sorting and Napkin Folding Late Afternoon (Joyful Time): Left, Right, Center Evening (Wind Down): Nighttime Reflection	28 Morning (Gentle Start): Compassion & Care Mid-Morning (Engagement): The Daily Chronicle Midday (Movement): Move and Groove Early Afternoon (Reset): Recharge & Refresh Afternoon (Purposeful Living): Gardening Club Late Afternoon (Joyful Time): Artistic Expression Paints and Pencils Evening (Wind Down): Nighttime Unwind	29 Morning (Gentle Start): Compassion & Care Mid-Morning (Engagement): The Daily Chronicle Midday (Movement): Motivation & Hydration Early Afternoon (Reset): Recharge & Refresh Afternoon (Purposeful Living): Walking Club Late Afternoon (Joyful Time): Sing-along Evening (Wind Down): Evening Reflection	30 Morning (Gentle Start): Compassion & Care Mid-Morning (Engagement): The Daily Chronicle Midday (Movement): Sit and be Fit Early Afternoon (Reset): Recharge & Refresh Afternoon (Purposeful Living): Sunshine & Fresh Air on the Patio Late Afternoon (Joyful Time): Toss Across Evening (Wind Down): Evening Wind Down	31 Morning (Gentle Start): Compassion & Care Mid-Morning (Engagement): The Daily Chronicle Midday (Movement): Move and Groove Early Afternoon (Reset): Recharge & Refresh Afternoon (Purposeful Living): A Little Conversation Late Afternoon (Joyful Time): Afternoon Bingo Evening (Wind Down): Nighttime Unwind	



Summer Songs

Sunshine, long days and good times ... Summertime has been the subject of countless songs over the years. Soak up these songs about the season.

Year	Song	Artist
1958	"Summertime Blues"	Eddie Cochran
1963	"Those Lazy-Hazy-Crazy Days of Summer"	Nat King Cole
1978	"Summer Nights"	John Travolta and Olivia Newton-John
1984	"The Boys of Summer"	Don Henley
1991	"Summertime"	DJ Jazzy Jeff and the Fresh Prince
2005	"Sunshine and Summertime"	Faith Hill
2013	"Beat This Summer"	Brad Paisley