



MIRA VIE

AT CLIFTON

ASSISTED LIVING | MEMORY SUPPORT

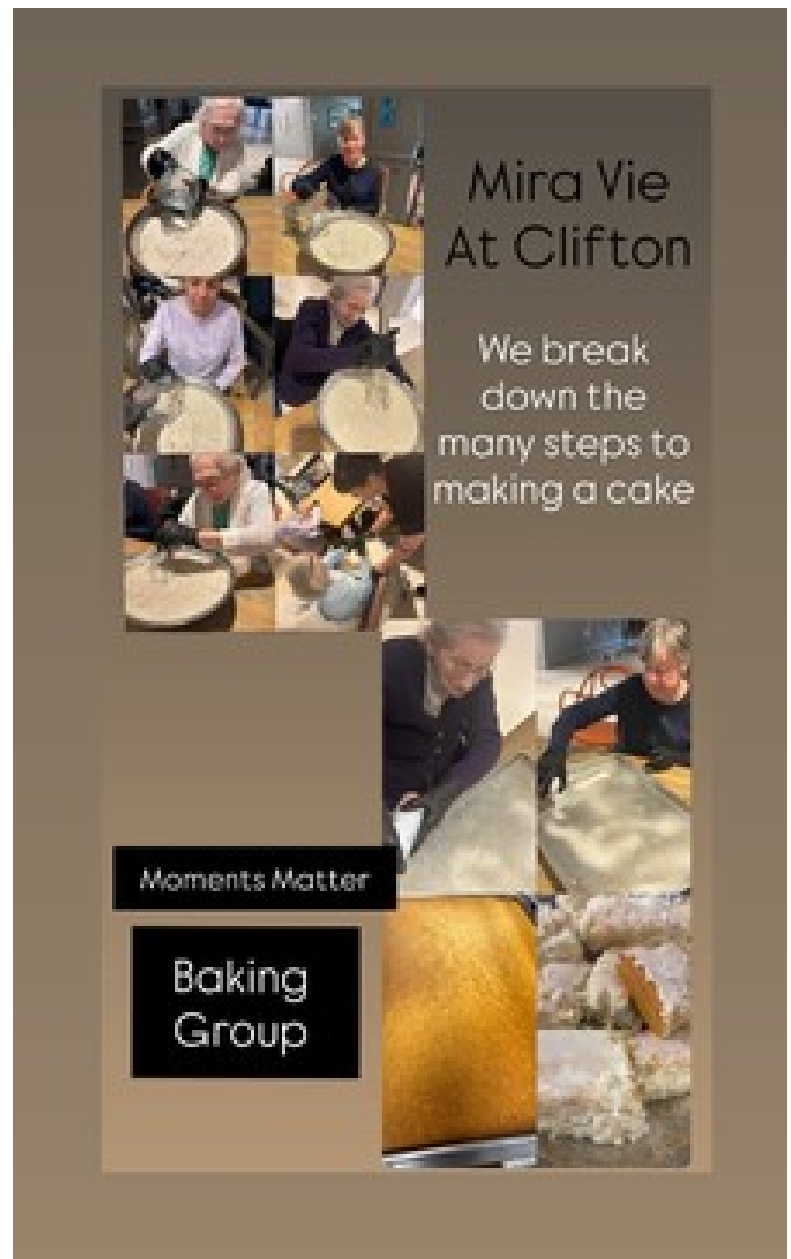
A DISTINCTIVE LIVING COMMUNITY

782 Valley Road • Clifton, NJ 07013 • 973.685.6433

July 2026



MM & AL enjoying their trip out to Brookdale Park.



July 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All Events Are Subject to Change	National Gorgeous Grandma Day		1Morning (Gentle Start): Comfort, care, & Coffee Midmorning (Engagement): Baking Group Lunch Early Afternoon (Wake the Body): Chair Stretching Afternoon (Art Time): Water coloring Midday Munch (Snack Break) Late Afternoon (Therapy): Aromatherapy, hand massage & Classical Music Dinner Evening (Wind Down): Nighttime Reflection Nightly Movie	2Morning (Gentle Start): Comfort, care, & Coffee Midmorning (Engagement & Nature): Patio Club Lunch Early Afternoon (Wake the Body): Balloon Exercise Afternoon (Purposeful Living): Taking a stroll in our neighborhood Midday Munch (Snack Break) Late Afternoon (Art Time): Shading with friends Dinner Evening (Wind Down): Nighttime Reflection Nightly Movie	3Morning (Gentle Start): Comfort, care, & Coffee Midmorning (Engagement): Friday Dance with Joanne & Daily Chronicle reading as a group Lunch Early Afternoon (Wake up the Body) Take a stroll on our patio Afternoon (Brain Teaser): Name the Celebrity Midday Munch (Snack Break) Late Afternoon (Joyful Time): Disco Dancing Party Dinner Evening (Wind Down): Nighttime Reflection Nightly Movie	4Happy Independence Day Morning (Gentle Start): Comfort, care, & Coffee Midmorning (Engagement & Nature): Patio Club Lunch Early Afternoon (Wake the Body): Balloon Exercise Afternoon (Art Time): 4th of July Craft Midday Munch (Snack Break) Late Afternoon (Family Time): Family & Art Moments Together Dinner Evening (Wind Down): Nighttime Reflection Nightly Movie
5Morning (Gentle Start): Comfort, care, & Coffee Midmorning (Engagement & Nature): Patio Club Lunch Early Afternoon (Wake the Body): Balloon Exercise Afternoon (Music) Sing A long Midday Munch (Snack Break): Apple Turnover Late Afternoon (Art Time): Bingo & Prizes Dinner Evening (Wind Down): Nighttime Reflection Nightly Movie	6Morning (Gentle Start): Comfort, care, & Coffee Midmorning (engagement & nature): Patio Club Lunch Early Afternoon (Wake the Body): Yoga Stretching Afternoon (Engagement) Strolling our neighborhood Midday Munch (Snack Break) Late Afternoon (Brain Teaser): Matching sock game & Uno card matching & Aromatherapy Dinner Evening (Wind Down): Nighttime Reflection Nightly Movie	7National Rock N Roll Day Morning (Gentle Start): Comfort, care, & Coffee Midmorning (Engagement): Patio Club Lunch Early Afternoon (Wake the Body): Noodle Exercising Afternoon (Therapy): Aromatherapy & Hand Massage Midday Munch (Snack Break) Late Afternoon (Joyful Music): Playing Instrument & Singing Dinner Evening (Wind Down): Nighttime Reflection Nightly Movie	8Morning (Gentle Start): Comfort, care, & Coffee Midmorning (Engagement & Nature): Patio Club Lunch Early Afternoon (Wake the Body): Chair Stretching Afternoon (Art Time): Water coloring Midday Munch (Snack Break): Freezer Pop Day Late Afternoon (Therapy): Aromatherapy, Hand Massage & Classic Music Dinner Evening (Wind Down): Nighttime Reflection Nightly Movie	9Morning (Gentle Start): Comfort, care, & Coffee Midmorning (Engagement & Nature): Patio Club Lunch Early Afternoon (Wake the Body): Balloon Exercise Afternoon (Purposeful Living): Taking a stroll in our neighborhood Midday Munch (Snack Break): Sugar Cookie Day Late Afternoon (Art Time): Shading with friends Dinner Evening (Wind Down): Nighttime Reflection Nightly Movie	10Morning (Gentle Start): Comfort, care, & Coffee Midmorning (Engagement): Friday Dance with Joanne & Daily Chronicle reading as a group Lunch Early Afternoon (Wake up the Body) Take a stroll on our patio Afternoon (Brain Teaser): Name the Celebrity Midday Munch (Snack Break): Pina Colada Day Late Afternoon (Joyful Time): Disco Dancing Party Dinner Evening (Wind Down): Nighttime Reflection Nightly Movie	11Morning (Gentle Start): Comfort, care, & Coffee Midmorning (Engagement & Nature): Patio Club Lunch Early Afternoon (Wake the Body): Balloon Exercise Afternoon (Game Time): Corn Hole Fun Midday Munch (Snack Break): Blue Berry Muffin Day Late Afternoon (Family Time): Family & Art Moments Together Dinner Evening (Wind Down): Nighttime Reflection Nightly Movie
12Morning (Gentle Start): Comfort, care, & Coffee Midmorning (Engagement & Nature): Patio Club Lunch Early Afternoon (Wake the Body): Balloon Exercise Afternoon (Music) Sing A long Midday Munch (Snack Break): Jello Late Afternoon (Art Time): Bingo & Prizes Dinner Evening (Wind Down): Nighttime Reflection Nightly Movie	13Morning (Gentle Start): Comfort, care, & Coffee Midmorning (engagement & nature): Patio Club Lunch Early Afternoon (Wake the Body): Yoga Stretching Afternoon (Engagement) Strolling our neighborhood Midday Munch (Snack Break) Late Afternoon (Brain Teaser): Matching sock game & Uno card matching & Aromatherapy Dinner Evening (Wind Down): Nighttime Reflection Nightly Movie	14Morning (Gentle Start): Comfort, care, & Coffee Midmorning (Engagement): Patio Club Lunch Early Afternoon (Wake the Body): Noodle Exercising Afternoon (Therapy): Aromatherapy & Hand massage Midday Munch (Snack Break): Mac N Cheese Late Afternoon (Joyful Music): Playing Instrument & Singing Dinner Evening (Wind Down): Nighttime Reflection Nightly Movie	15Morning (Gentle Start): Comfort, care, & Coffee Midmorning (Engagement): Baking Group Lunch Early Afternoon (Wake the Body): Chair Stretching Afternoon (Art Time): Water coloring Midday Munch (Snack Break) Late Afternoon (Therapy): Aromatherapy, hand massage & Classical Music Dinner Evening (Wind Down): Nighttime Reflection Nightly Movie	16Morning (Gentle Start): Comfort, care, & Coffee Midmorning (Engagement & Nature): Patio Club Lunch Early Afternoon (Wake the Body): Balloon Exercise Afternoon (Purposeful Living): Taking a stroll in our neighborhood Midday Munch (Snack Break): Cherry Day Late Afternoon (Art Time): Shading with friends Dinner Evening (Wind Down): Nighttime Reflection Nightly Movie	17Morning (Gentle Start): Comfort, care, & Coffee Midmorning (Engagement): Friday Dance with Joanne & Daily Chronicle reading as a group Lunch Early Afternoon (Wake up the Body) Take a stroll on our patio Afternoon (Brain Teaser): Name the Celebrity Midday Munch (Snack Break): Peach Ice Cream Day Late Afternoon (Joyful Time): Disco Dancing Party Dinner Evening (Wind Down): Nighttime Reflection Nightly Movie	18Morning (Gentle Start): Comfort, care, & Coffee Midmorning (Engagement & Nature): Patio Club Lunch Early Afternoon (Wake the Body): Balloon Exercise Afternoon (Game Time): Corn Hole Fun Midday Munch (Snack Break): Tropical Fruit Day Late Afternoon (Family Time): Family & Art Moments Together Dinner Evening (Wind Down): Nighttime Reflection Nightly Movie
19Morning (Gentle Start): Comfort, care, & Coffee Midmorning (Engagement & Nature): Patio Club Lunch Early Afternoon (Wake the Body): Balloon Exercise Afternoon (Music) Sing A long Midday Munch (Snack Break): Ice Cream Late Afternoon (Art Time): Bingo & Prizes Dinner Evening (Wind Down): Nighttime Reflection Nightly Movie	20Morning (Gentle Start): Comfort, care, & Coffee Midmorning (engagement & nature): Patio Club Lunch Early Afternoon (Wake the Body): Yoga Stretches Afternoon (Engagement) Strolling our neighborhood Midday Munch (Snack Break) Late Afternoon (Brain Teaser): Matching sock game & Uno card matching & Aromatherapy Dinner Evening (Wind Down): Nighttime Reflection Nightly Movie	21Morning (Gentle Start): Comfort, care, & Coffee Midmorning (Engagement): Patio Club Lunch Early Afternoon (Wake the Body): Noodle Exercising Afternoon (Music): Live Entertainment with Chris from Grace Hospice Midday Munch (Snack Break) Late Afternoon (Brain Teaser): Hangman Dinner Evening (Wind Down): Nighttime Reflection Nightly Movie	22Morning (Gentle Start): Comfort, care, & Coffee Midmorning (Engagement & Nature): Patio Club Lunch Early Afternoon (Wake the Body): Chair Stretching Afternoon (Art Time): Water coloring Midday Munch (Snack Break): Mango Late Afternoon (Therapy): Aromatherapy, Hand Massage & Classic Music Dinner Evening (Wind Down): Nighttime Reflection Nightly Movie	23National Gorgeous Grandma Day Morning (Gentle Start): Comfort, care, & Coffee Midmorning (Engagement & Nature): Patio Club Lunch Early Afternoon (Wake the Body): Balloon Exercise Afternoon (Purposeful Living): Taking a stroll in our neighborhood Midday Munch (Snack Break): Lemon Day Late Afternoon (Art Time): Shading with friends Dinner Evening (Wind Down): Nighttime Reflection Nightly Movie	24Morning (Gentle Start): Comfort, care, & Coffee Midmorning (Engagement): Friday Dance with Joanne & Daily Chronicle reading as a group Lunch Early Afternoon (Wake up the Body) Take a stroll on our patio Afternoon (Brain Teaser): Name the Celebrity Midday Munch (Snack Break) Late Afternoon (Joyful Time): Disco Dancing Party Dinner Evening (Wind Down): Nighttime Reflection Nightly Movie	25Morning (Gentle Start): Comfort, care, & Coffee Midmorning (Engagement & Nature): Patio Club Lunch Early Afternoon (Wake the Body): Balloon Exercise Afternoon (Game Time): Corn Hole Fun Midday Munch (Snack Break): Hot Fudge Sundae Day Late Afternoon (Family Time): Family & Art Moments Together Dinner Evening (Wind Down): Nighttime Reflection Nightly Movie
26Morning (Gentle Start): Comfort, care, & Coffee Midmorning (Engagement & Nature): Patio Club Lunch Early Afternoon (Wake the Body): Balloon Exercise Afternoon (Music) Sing A long Midday Munch (Snack Break): Coffee Milkshake Late Afternoon (Art Time): Bingo & Prizes Dinner Evening (Wind Down): Nighttime Reflection Nightly Movie	27National New Jersey Day Morning (Gentle Start): Comfort, care, & Coffee Midmorning (engagement & nature): Patio Club Lunch Early Afternoon (Wake the Body): Yoga Stretching Afternoon (Engagement) Strolling our neighborhood Midday Munch (Snack Break): Creme Brulé Late Afternoon (Brain Teaser): Matching sock game & Uno card matching & Aromatherapy Dinner Evening (Wind Down): Nighttime Reflection Nightly Movie	28Morning (Gentle Start): Comfort, care, & Coffee Midmorning (Engagement): Patio Club Lunch Early Afternoon (Wake the Body): Noodle Stretches Afternoon (Therapy) Hand massage, & Aromatherapy Midday Munch (Snack Break): Milk Chocolate Day Late Afternoon (Joyful Music): Instrument & Singing Dinner Evening (Wind Down): Nighttime Reflection Nightly Movie	29Morning (Gentle Start): Comfort, care, & Coffee Midmorning (Engagement): Baking Group Lunch Early Afternoon (Wake the Body): Chair Stretching Afternoon (Art Time): Water coloring Midday Munch (Snack Break) Late Afternoon (Therapy): Aromatherapy, hand massage & Classical Music Dinner Evening (Wind Down): Nighttime Reflection Nightly Movie	30Morning (Gentle Start): Comfort, care, & Coffee Midmorning (Engagement & Nature): Patio Club Lunch Early Afternoon (Wake the Body): Balloon Exercise Afternoon (Purposeful Living): Taking a stroll in our neighborhood Midday Munch (Snack Break): Cheesecake Day Late Afternoon (Art Time): Shading with friends Dinner Evening (Wind Down): Nighttime Reflection Nightly Movie	31Morning (Gentle Start): Comfort, care, & Coffee Midmorning (Engagement): Friday Dance with Joanne & Daily Chronicle reading as a group Lunch Early Afternoon (Wake up the Body) Take a stroll on our patio Afternoon (Brain Teaser): Name the Celebrity Midday Munch (Snack Break): Avocado Day Late Afternoon (Joyful Time): Disco Dancing Party Dinner Evening (Wind Down): Nighttime Reflection Nightly Movie	

