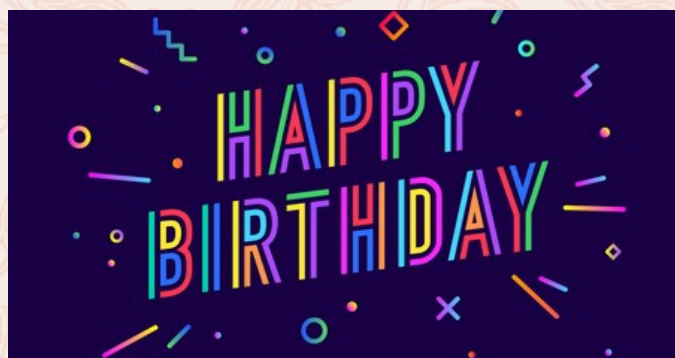


The Mira Vie Chronicle

680 Route 202/206 North • Bridgewater, NJ 08807 • 908.252.3400

July Monthly Resident & Staff Birthdays!



July 1: Julia H.
July 2: Charlotte P
July 6: Katherin M.
July 6: Beatrice D.
July 10: Barbara J.
July 11: Alyssa K.
July 11: Sandie Z.
July 12: Uchenna E.
July 17: Joyce A.
July 22: Aileen D.
July 26: Cecile D.
July 27: Max B.
July 29: Amanda V.
July 29: Marie L.
July 30: Sophie P.
July 31: Grace N.

Here's the Scoop

National Ice Cream Day is July 19, and businesses often churn out freebies and specials to celebrate.

July 2026

Assisted Living



Positive Thought

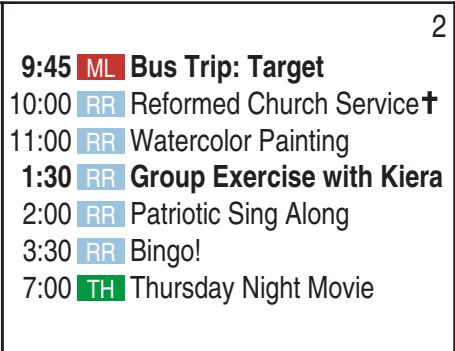
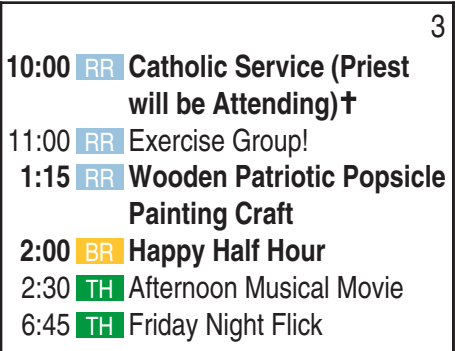
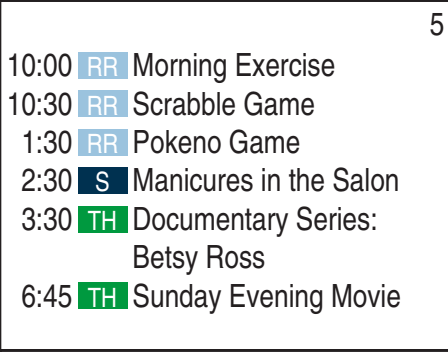
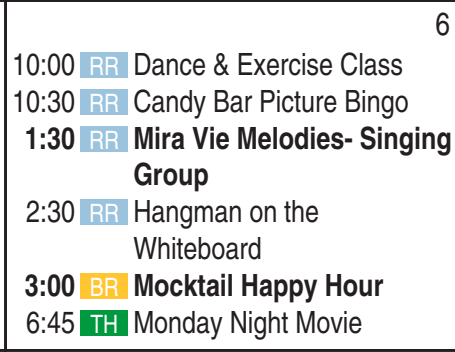
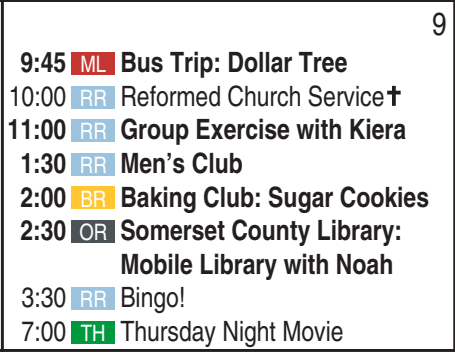
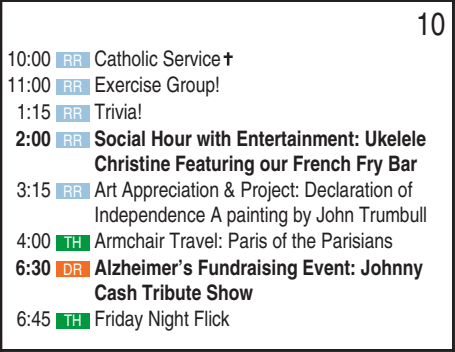
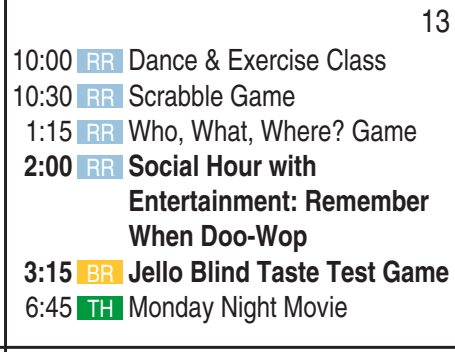
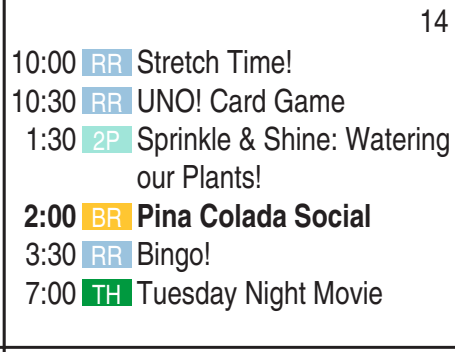
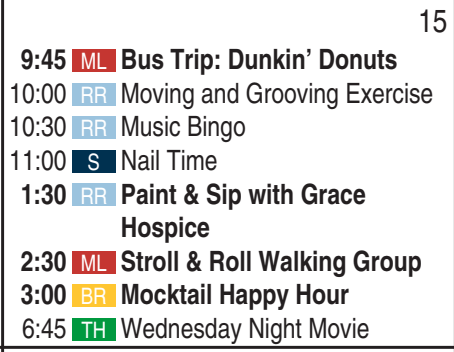
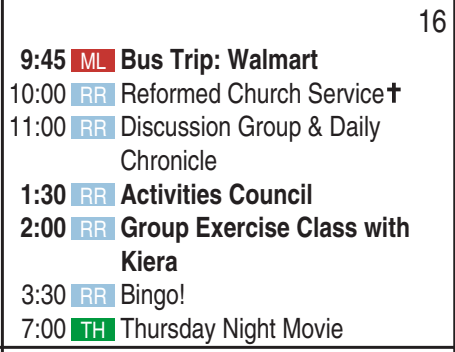
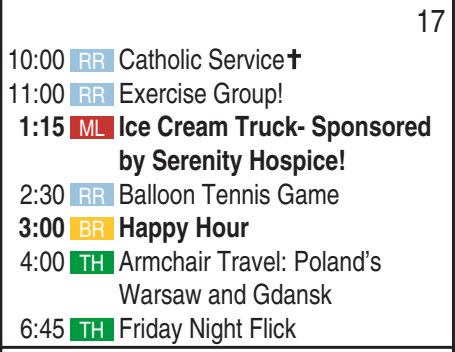
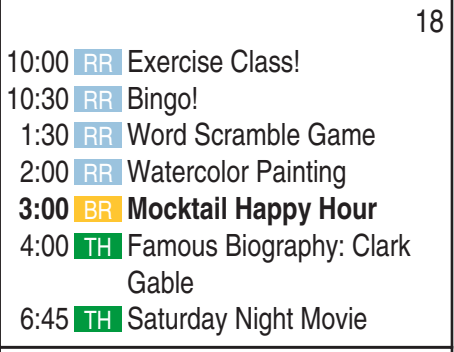
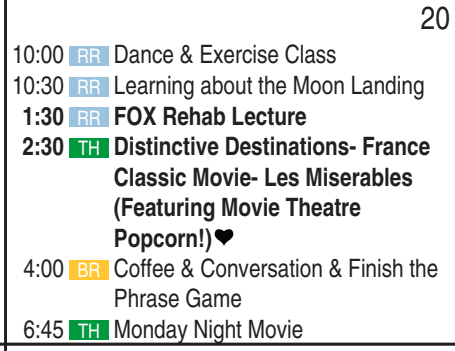
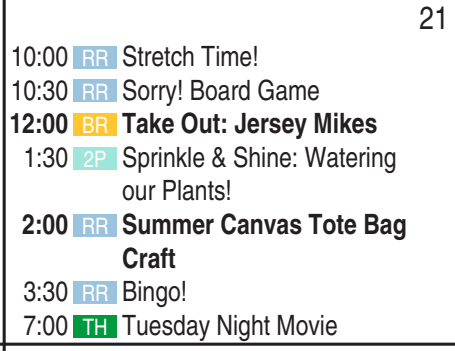
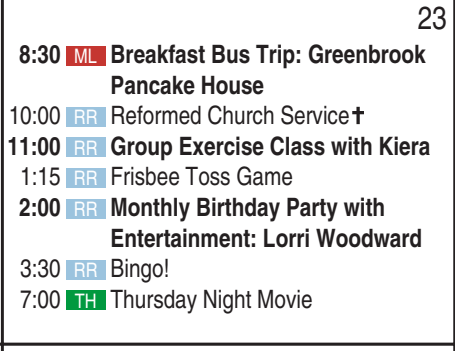
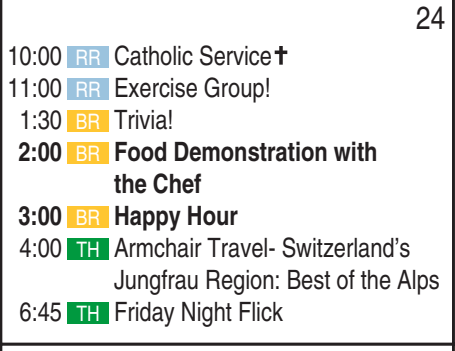
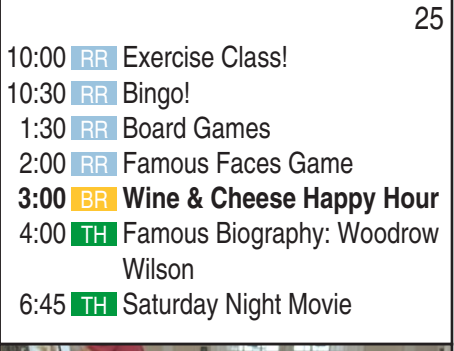
"Some of the best memories are made in flip-flops."
—Kellie Elmore

Salute to the Union

Every July 4, a national salute booms out at noon, when military bases across the country fire cannons honoring the United States. A total of 50 rounds, one for each state, is blasted out in a span of roughly 4 minutes. Called the Salute to the Union, the tradition dates back to the first anniversary of Independence Day, when a 13-gun salute was fired to commemorate the original American Colonies.

Sunshiny Day

"A little bit of summer is what the whole year's all about." —John Mayer

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 5 10:00 RR Morning Exercise 10:30 RR Scrabble Game 1:30 RR Pokeno Game 2:30 S Manicures in the Salon 3:30 TH Documentary Series: Betsy Ross 6:45 TH Sunday Evening Movie	 6 10:00 RR Dance & Exercise Class 10:30 RR Candy Bar Picture Bingo 1:30 RR Mira Vie Melodies- Singing Group 2:30 RR Hangman on the Whiteboard 3:00 BR Mocktail Happy Hour 6:45 TH Monday Night Movie	 7 10:00 RR Stretch Time! 10:30 RR Sunflower Door Hanging Painting Craft 1:30 2P Sprinkle & Shine: Watering our Plants! 2:00 BR Strawberry Ice Cream Sundae Social 3:30 RR Bingo! 7:00 TH Tuesday Night Movie	 1 10:00 RR Moving and Grooving Exercise 10:30 RR 4th of July Word Mining Game 11:00 S Nail Time 1:30 RR Name that Tune 2:00 ML Stroll & Roll Walking Group 3:00 BR Mocktail Happy Hour 6:45 TH Wednesday Night Movie	 2 9:45 ML Bus Trip: Target 10:00 RR Reformed Church Service† 11:00 RR Watercolor Painting 1:30 RR Group Exercise with Kiera 2:00 RR Patriotic Sing Along 3:30 RR Bingo! 7:00 TH Thursday Night Movie	 3 10:00 RR Catholic Service (Priest will be Attending)† 11:00 RR Exercise Group! 1:15 RR Wooden Patriotic Popsicle Painting Craft 2:00 BR Happy Half Hour 2:30 TH Afternoon Musical Movie 6:45 TH Friday Night Flick	 4 Independence Day 10:00 RR Exercise Class! 10:30 RR Bingo! 11:45 DR 4th of July BBQ Featuring Entertainment: Just the Two of Us 1:00 RR Let's Learn about Independence Day 1:30 TH TV Classic: The Lucy Show 3:00 RR Resident Run Watercolor Painting & Word Games 4:00 TH Famous Biography: James Stewart 6:45 TH Saturday Night Movie
 12 10:00 RR Morning Exercise 10:30 RR Watercolor Painting 1:30 RR Pokeno Game 2:30 S Manicures in the Salon 3:30 TH Documentary Series: How the Public Library Became an American Civic Institution 6:45 TH Sunday Evening Movie	 13 10:00 RR Dance & Exercise Class 10:30 RR Scrabble Game 1:15 RR Who, What, Where? Game 2:00 RR Social Hour with Entertainment: Remember When Doo-Wop 3:15 BR Jello Blind Taste Test Game 6:45 TH Monday Night Movie	 14 10:00 RR Stretch Time! 10:30 RR UNO! Card Game 1:30 2P Sprinkle & Shine: Watering our Plants! 2:00 BR Pina Colada Social 3:30 RR Bingo! 7:00 TH Tuesday Night Movie	 15 9:45 ML Bus Trip: Dunkin' Donuts 10:00 RR Moving and Grooving Exercise 10:30 RR Music Bingo 11:00 S Nail Time 1:30 RR Paint & Sip with Grace Hospice 2:30 ML Stroll & Roll Walking Group 3:00 BR Mocktail Happy Hour 6:45 TH Wednesday Night Movie	 16 9:45 ML Bus Trip: Walmart 10:00 RR Reformed Church Service† 11:00 RR Discussion Group & Daily Chronicle 1:30 RR Activities Council 2:00 RR Group Exercise Class with Kiera 3:30 RR Bingo! 7:00 TH Thursday Night Movie	 17 10:00 RR Catholic Service† 11:00 RR Exercise Group! 1:15 ML Ice Cream Truck- Sponsored by Serenity Hospice! 2:30 RR Balloon Tennis Game 3:00 BR Happy Hour 4:00 TH Armchair Travel: Poland's Warsaw and Gdansk 6:45 TH Friday Night Flick	 18 10:00 RR Exercise Class! 10:30 RR Bingo! 1:30 RR Word Scramble Game 2:00 RR Watercolor Painting 3:00 BR Mocktail Happy Hour 4:00 TH Famous Biography: Clark Gable 6:45 TH Saturday Night Movie
 19 10:00 RR Morning Exercise 10:30 RR Scrabble Game 1:30 RR Pokeno Game 2:30 S Manicures in the Salon 3:30 TH Documentary Series: The Louvre: From Fortress to World's Greatest Museum 6:45 TH Sunday Evening Movie	 20 10:00 RR Dance & Exercise Class 10:30 RR Learning about the Moon Landing 1:30 RR FOX Rehab Lecture 2:30 TH Distinctive Destinations- France Classic Movie- Les Miserables (Featuring Movie Theatre Popcorn!)♥ 4:00 BR Coffee & Conversation & Finish the Phrase Game 6:45 TH Monday Night Movie	 21 10:00 RR Stretch Time! 10:30 RR Sorry! Board Game 12:00 BR Take Out: Jersey Mikes 1:30 2P Sprinkle & Shine: Watering our Plants! 2:00 RR Summer Canvas Tote Bag Craft 3:30 RR Bingo! 7:00 TH Tuesday Night Movie	 22 10:00 RR Moving and Grooving Exercise 10:30 RR Creative Coloring 11:00 S Nail Time 1:30 RR Pictionary on the Whiteboard 2:00 ML Stroll & Roll Walking Group 3:15 RR Social Hour with Dan the Piano Man 6:45 TH Wednesday Night Movie	 23 8:30 ML Breakfast Bus Trip: Greenbrook Pancake House 10:00 RR Reformed Church Service† 11:00 RR Group Exercise Class with Kiera 1:15 RR Frisbee Toss Game 2:00 RR Monthly Birthday Party with Entertainment: Lorri Woodward 3:30 RR Bingo! 7:00 TH Thursday Night Movie	 24 10:00 RR Catholic Service† 11:00 RR Exercise Group! 1:30 BR Trivia! 2:00 BR Food Demonstration with the Chef 3:00 BR Happy Hour 4:00 TH Armchair Travel- Switzerland's Jungfrau Region: Best of the Alps 6:45 TH Friday Night Flick	 25 10:00 RR Exercise Class! 10:30 RR Bingo! 1:30 RR Board Games 2:00 RR Famous Faces Game 3:00 BR Wine & Cheese Happy Hour 4:00 TH Famous Biography: Woodrow Wilson 6:45 TH Saturday Night Movie
 26 10:00 RR Morning Exercise 10:30 RR Watercolor Painting 1:30 RR Pokeno Game 2:30 S Manicures in the Salon 3:30 TH Documentary Series: A Day in Titanic's First Class 6:45 TH Sunday Evening Movie	 27 10:00 RR Dance & Exercise Class 10:30 RR Summer Picture Bingo 11:45 DR Bagel Brunch 1:30 BR Cocktail Creations with Sophie 2:30 BR Famous Biography 3:00 BR Mocktail Happy Hour 6:45 TH Monday Night Movie	 28 10:00 RR Stretch Time! 10:30 RR Paint & Sip 10:30 OR Therapy Dogs Visit 1:30 2P Sprinkle & Shine: Watering our Plants! 2:00 RR Margaritaville Celebration 3:30 RR Bingo! 7:00 TH Tuesday Night Movie	 29 10:00 RR Moving and Grooving Exercise 10:30 RR Ocean Bracelet Creations 11:00 S Nail Time 1:00 ML Stroll & Roll Walking Group 2:00 RR Social Hour with Entertainment: Mark Miklos 3:00 RR Famous Faces Game 6:45 TH Wednesday Night Movie	 30 10:00 RR Reformed Church Service† 11:00 RR Exercise Class 11:30 ML Bus Trip: Picnic at Duke Island Park 1:30 RR Resident Council & Dining Council 2:30 RR Scrabble Game 3:00 BR Cheesecake Social 3:30 RR Bingo! 7:00 TH Thursday Night Movie	 31 10:00 RR Catholic Service† 11:00 RR Exercise Group! 1:30 RR Bracelet Making 2:30 BR Trivia 3:00 BR Slushy Social & Happy Hour 6:45 TH Friday Night Flick	

We All Scream for Ice Cream!

Many people beat the summer heat by dipping into their favorite ice cream. Take a "lick" at these popular parlors and see when and where they began serving up their cool treats.

Year	Ice Cream Shop	Location
1934	Carvel	Hartsdale, N.Y.
1935	Friendly's	Springfield, Mass.
1940	Dairy Queen	Joliet, Ill.
1945	Baskin-Robbins	Glendale, Calif.
1948	Swensen's	San Francisco, Calif.
1968	Braum's	Oklahoma City, Okla.
1976	Häagen-Dazs	Brooklyn Heights, N.Y.
1978	Ben & Jerry's	Burlington, Vt.
1988	Cold Stone Creamery	Tempe, Ariz.
1989	Bruster's	Bridgewater, Pa.

"Then & Now"

"This Month In History"

JULY

1904: The ice cream cone debuts at the World's Fair in St. Louis.

1913: Alfred Carlton Gilbert is granted a patent for the Erector Set. His invention became one of the most popular toys of all time.

1922: A new sport is invented on a lake in Minnesota when 18-year-old Ralph Samuelson skis on water using two planks of wood.

1930: Congress creates the Veterans Administration.

1946: The new flag of the Philippines is raised over Manila after the U.S. grants the Asian nation full independence.

1957: John Glenn, then a major in the U.S. Marines, sets a new transcontinental speed record, flying a jet from California to New York in 3 hours, 23 minutes. The record was broken in March 1990 with a flight from Los Angeles to Washington, D.C., that took 1 hour and 4 minutes.

1963: To help speed up mail delivery, the Postal Service begins implementing the ZIP code system.

1976: Bicentennial celebrations are held all over the U.S. to celebrate the 200th anniversary

of the signing of the Declaration of Independence.

1981: President Ronald Reagan announces he will nominate Sandra Day O'Connor to be the new associate justice of the U.S. Supreme Court. She was the first woman to serve on the court.

1999: The U.S. women's soccer team wins the World Cup, defeating China in front of a record crowd at the Rose Bowl in California.

2005: NASA's space probe Deep Impact slams into a comet as part of a mission to learn more about the solar system.