



MIRA VIE

AT EAST BRUNSWICK

ASSISTED LIVING | MEMORY CARE

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Laugh It Up

People have been laughing and pranking each other on April 1 for years ... decades ... centuries? While the jokes and jests can be very concrete, the history of April Fools' Day is a little harder to pin down. Some historians trace the practice of pranking back to Roman times, while others land its origins in the Middle Ages. Regardless of the holiday's history, if pranking is on your list of April 1 to-dos, please ensure that your joke is safe and fun for everyone!

Brilliant and Beloved Children's Books

Celebrated annually on April 2, International Children's Book Day promotes a love for reading among children around the globe. The day coincides with the birth anniversary of Danish author Hans Christian Andersen, the creative writer behind beloved stories such as "The Ugly Duckling" and "The Little Mermaid." Celebrate the day by sharing your favorite titles from your own childhood, or better yet, pen a children's story of your own.

Remember When: The Milkman

Getting fresh milk and dairy products didn't always require a trip to the store. Up until the 1960s, the neighborhood milkman might have delivered glass bottles of milk and other dairy staples to homes several times a week. Neatly outfitted in white uniforms, milkmen became like friends of the family. The convenient service had all but disappeared by the 1970s, but the concept has seen a small revival in the past decade.

April 2025



Welcome to April

The world is remembering its roots this month as spring starts turning everything green! No matter how fickle the weather may be, we always anticipate the new beginnings this freshest of months brings. Of course, April is full of other celebrations, like April Fools' Day (1st), Earth Day (22nd) and even National Velociraptor Awareness Day (18th). However you choose to have fun this month, we hope you enjoy the brightening days!



No Fooling!

Instead of playing a prank on April Fools' Day, play one of the dozens of songs with the word "fool" in the title. Here are some of the most notable hits. Can you think of others?

Year	Song	Artist
1956	"Why Do Fools Fall in Love?"	Frankie Lymon and the Teenagers
1958	"Poor Little Fool"	Ricky Nelson
1961	"Fool #1"	Brenda Lee
1967	"Chain of Fools"	Aretha Franklin
1972	"Everybody Plays the Fool"	The Main Ingredient
1979	"What a Fool Believes"	Doobie Brothers
1981	"What Kind of Fool"	Barbra Streisand and Barry Gibb
1988	"Famous Last Words of a Fool"	George Strait
1991	"Don't Want to Be a Fool"	Luther Vandross

"This Month In History"

APRIL

1902: Tally's Electric Theater in Los Angeles opens. It was the first theater in the U.S. to be built with the sole purpose to show movies, not stage shows.

1917: The United States formally enters World War I, marking a turning point in the conflict that had been ongoing for nearly three years. The Great War ended just over a year and a half later.

1923: Yankee Stadium in New York City hosts its first baseball game. The Yankees defeated the Red Sox 4-1.

1938: Bugs Bunny makes his first cartoon appearance in "Porky's Hare Hunt."

1954: The United States Air Force Academy is established just north of Colorado Springs, Colo. Cadets attend the academy to receive military training for either the Air Force or Space Force.

1969: The first temporary artificial heart is used to successfully sustain a patient for 65 hours while waiting for a human heart to become available.

1977: Fifteen women in the House of Representatives hold the first Women's Caucus meeting. The bipartisan organization is now known as the Congressional Caucus for Women's Issues.

1997: At age 21, golfer Tiger Woods takes the title of Masters champion, becoming the tournament's youngest winner—a record he still holds today.

2004: Google launches the free email service Gmail. Since the announcement was made on April Fools' Day, the public was skeptical of its authenticity. Today, Gmail is actively used by 1.8 billion people around the globe.