



# MIRA VIE AT CLIFTON MARCH 2025



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

# MARCH



Activities are Subject to Change



**Wear Blue Day 1**  
 10:00am Daily Chronicles  
 10:15am Saturday Stretch and Stroll  
 11:00am—Blue Balloon Tennis Fun  
 2:00pm- Singing the Blues Live Entertainment with Dave  
 3:00 Saturday Social  
 3:30 Tv Word Games  
 400 Right , Left, Center  
 630: Saturday Night Movie

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## Mexico Mondays 3

10:00 am Daily Chronicles  
 10:30 am Smile with a Child Montclair Child development ( Read Across America)  
 11:00—Moments from Mexico with Rosa  
 1:30-Make Mini Pinatas  
 3:00 pm Flan Social  
 3:30 pm Musical Monday Dance for the ages with Shayna and June to music from Mexico  
 4:00 pm Pass the Pinata  
 6:30 pm Monday Evening Movie

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## Ash Wednesday 5

10:00am- Ash Wednesday Service with St. Phillips Church for Seniors, Staff, and family  
 11:00am- Winning Wednesday Jeopardy  
 1:30pm Healthy Living Bingo with Nursing Students from Hackensack Meridian Health and The Clifton Health Department  
 3:00 pm Wacky Wednesday Social  
 3:30 pm Wednesday Chat and Chew with Friends  
 4:00 Winning Wednesday ( Name that Tune)  
 6:30 pm Wednesday Evening Movie

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10:00 am Daily Chronicles  
 10:15am Thursday Stroll to the Music  
 10:30 Sun Dress Sip and Paint with Lovely Art Studios  
 1:30 Oreo Cookie Party with the Clifton Police  
 3:00 pm Thirsty Thursday Social  
 3:30 pm Thursday Chat and Chew with friends  
 4:00 Thursday Trivia  
 6:30 pm Thursday Evening Movie

7

10:00 am Daily Chronicles  
 10:15 am Friday Fun Word Games  
 11:00 Friday Fun Dance Class with Joanne (Starlight Dance Company)  
 1:30 " Glow" Team Party with Dj Ivan  
 3:00 pm Cocktail Hour  
 3:30 pm Fun TV Games  
 4:00 pm Friday Sounds from Frank Sinatra  
 6:30 Friday Evening Movie

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10:00am Daily Chronicles  
 10:15 am Saturday Morning Stretching and Stroll  
 11:00am Wonderful Woman's Day Celebration  
 1:30- Famous Women's Trivia  
 2:00pm- Women's Wellness with Keara (SoulKear)  
 3:00pm Saturday Social  
 3:30pm Name that Famous Woman  
 4:00pm Saturday Stretch your mind Word Games  
 6:30pm- Saturday Evening Movie



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10:00 Daily Chronicles  
 10:15 am Monday Morning Stretch and Stroll  
 11:00 Loteria (Mexican Bingo)  
 12:00 Monday Mira Vie at Clifton Men's Club  
 2:00 pm Traveling to Mexico through music and books from Mexico Joel from the Clifton Memorial Library  
 3:00 Rice Pudding Social  
 3:30 pm Musical Monday Dance for the ages with Shayna and June to music from Mexico  
 4:00 pm Drum Circle

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10:00am Daily Chronicles  
 10:15 Tuesday Morning Stretch and Stroll  
 10:30- Trip to the Dollar Tree and Dunkin Doughnuts  
 11:00 am Tuesday Team Trivia  
 2:00 -Baking with Brian  
 3:00 pm Terrific Tuesday Social  
 3:30 Chat and Chew with Friends  
 4:00 Tuesday TV Word Games  
 6:30 pm Tuesday Evening Movie

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10:00- (Chair Yoga) Workout Wednesday with Margaret from Fox Therapy  
 10:30am Daily Chronicles  
 11:00 Flower Toss Game  
 1:30pm Planting Pretty Flowers with Maritza for National Plant a Flower Day  
 3:00 pm Wacky Wednesday Social  
 3:30 pm Wednesday Chat and Chew with Friends  
 4:00 Winning Wednesday ( Trivia)  
 6:30 pm Wednesday Evening Movie

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10:00am Daily Chronicles  
 10:15am Thursday Stroll to the  
 10:30pm Trip to the Human's Needs Pantry in Montclair ( Good Samaritan Day) We are donating Pampers and wipes  
 1:30- Dermatology Day (Visit from  
 3:00 pm Thirsty Thursday Social  
 3:30 pm Thursday Chat and Chew with friends  
 Thursday Sit and Chat  
 4:00pm Thursday Hangman  
 6:30 pm Thursday Evening Movie

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10:00 am Daily Chronicles  
 10:15 am Friday Fun Word Games  
 11:00am Friday Fun Dance Class with Joanne (Starlight Dance Company)  
 1:30pm All about Butterflies Art Fun with friends  
 3:00 pm Cocktail Hour  
 3:30 pm Friday Word Games  
 4:00pm Friday Sounds from Frank Sinatra  
 6:30 pm Friday Night Movie

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10:00am Daily Chronicles  
 10:15 am Saturday Morning Stretching and Stroll  
 11:00am Wonderful Woman's Day Celebration  
 1:30pm Saturday Word Games  
 2:00pm Saturday Sounds—Live Entertainment with Harry  
 3:00pm Saturday Social  
 3:30pm Saturday Sit an Chat with Friends  
 4:00pm Saturday Hangman  
 6:30pm Saturday Evening Movie

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10:15 am Morning Stretch  
 10:30 am Creating with Clay Making Clovers  
 2:00 Live Entertainment with Leo St Patrick's Day  
 3:00 pm Conchas Social  
 3:30 pm Musical Monday Dance for the ages with Shayna and June  
 4:00 pm Lucky Leprechaun Scavenger Hunt

18

10:00am Daily Chronicles  
 10:30 am Trip to Starlight Dance Studio in Nutley  
 2:00 pm March Madness Senior Basketball  
 3:00 pm Tasty Tuesday Social  
 4:00 pm TV Word Games  
 6:30 pm Tuesday Evening Movie

19

10:00- Morning Mass with St. Phillips Church  
 10:30- (Chair Yoga) Workout Wednesday with Margaret from Fox Therapy  
 11:00am- Winning Wednesday Bingo  
 1:30pm Trip to Willowbrook Social  
 4:00 Winning Wednesday ( Name that Tune)  
 6:30 pm Wednesday Evening Movie

20

10:00 Daily Chronicles  
 10:15am Thursday Stroll to the Music  
 11:00 am Spring Colorful Balloon Tennis  
 1:30pm March into Spring with Tom from the Clifton Health Department  
 3:00 pm Thirsty Thursday Social  
 Thursday Sit and Chat  
 4:00pm Thursday Hangman  
 6:30 pm Thursday Evening Movie

21

10:00 Daily Chronicles  
 10:15 am Friday Fun Word Games  
 11:00am Friday Fun Dance Class with Joanne (Starlight Dance Company)  
 1:30pm Trip to Shoprite  
 1:30pm Mid Day Movie in the Movie Theater  
 3:00 pm Cocktail Hour  
 4:00 Friday Sounds from Frank Sinatra  
 6:30 pm Friday Night Movie

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10:00am Daily Chronicles  
 10:15am Saturday Stretch and Stroll  
 11:00am Saturday Game Day in the Bisto  
 1:30pm Saturday Senior Comedy Show  
 3:00pm Saturday Social  
 4:00pm Saturday Hangman  
 6:30pm Saturday Evening Movie

23/30

10:00am Daily Chronicles  
 10:30 am Monday Morning Stretch and Stroll  
 11:00 Mexican Crafts w/Friends  
 2:00 pm Resident Council  
 3:00 pm Churros Social  
 3:30 pm Musical Monday Dance for the ages with Shayna and June  
 4:00 pm Mexican Trivia  
 6:30 pm Monday Evening Movie

25

10:00am Daily Chronicles  
 10:15 am Morning Stretch and stroll  
 1:30 Tuesday Tunes March Music Madness Musical Trivia with the Vising Angels  
 3:00 pm Terrific Tuesday Social  
 4:00 Tuesday Word Games ( Name 5)  
 5:00— Sombreros and Salsa Family Celebration  
 6:30 pm Tuesday Evening Movie

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10:00- (Chair Yoga) Workout Wednesday with Margaret from Fox Therapy  
 10:30- Daily Chronicles  
 11:00am- Winning Wednesday Jeopardy  
 1:30pm AC Poker Casino Day  
 3:00 pm Wacky Wednesday Social  
 4:00 Winning Wednesday ( Name that Tune)  
 6:30 pm Wednesday Evening Movie

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10:00am Daily Chronicles  
 10:15am Thursday Stroll to the Music  
 11:00am Team Trivia Fun  
 2:00pm Birthday Celebration Concert with Hunter Hayes  
 3:00 pm Thirsty Thursday Social  
 Thursday Chat and Chew with friends  
 4:00pm Thursday Word Games  
 6:30 pm Thursday Evening Movie

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10:00 am Daily Chronicles  
 10:15 am Friday Fun Word Games  
 11:00am Friday Fun Dance Class with Joanne (Starlight Dance Company)  
 1:30pm Mid Day Movie in the Movie Theater  
 3:00 pm Cocktail Hour  
 4:00pm Friday Sounds from Frank Sinatra  
 6:30 pm Friday Night Movie

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10:00am Daily Chronicles  
 10:15 am Saturday Stretch and Stroll  
 11:00am Saturday Senior Horseracing  
 1:30pm Saturday Senior Art with Friends  
 4:00pm Saturday Hangman  
 6:30pm Saturday Evening Movie