

Mira Vie West Milford-2-24.09.11



ASSISTED, INDEPENDENT

October, 2024

Locations

Community Room (CR) Third Floor - Independent Lounge Main Lobby (ML)
 Outside Front Porch (OF) First Floor Bistro (FF)
 Game Room (GR) 2nd Floor Independent Lounge (2F)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		01	02	03	04	05
EVERDAY EVENTS 9:15 am - Distinctive Daily (FF) 10:30 am - NYT Word Games (CR) 11 am - Crossword and Coffee (FF) 3:30 pm - Social Hour (GR/CR)		9:30 AM-Exercise with David from Sun Tao (CR) 10:00 AM-Walking Club (OF) 11:00 AM-Yoga with Jane 1:30 PM-Pokeno 2:00 PM-Pastor Nick - Almond Branch Church (TF) 2:30 PM-Intro to Sign Language (GR) 7:15 PM-Movie Night	10:00 AM-Stretch and Refresh Class with Kim (CR) 10:45 AM-Technology Class (GR) 11:00 AM-Lunch Outing (ML) 1:30 PM-Let's Laugh- Comedy Hour (GR) 2:30 PM-Bingo (CR)	10:00 AM-Exercise 10:30 AM-Arts & Crafts 10:30 AM-Bible Study (TF) 1:30 PM-Resident Run Rosary Group- 3rd Fl (TF) 1:30 PM-Canasta- Lobby 2:00 PM-Sketch Class- 2nd Floor	9:30 AM-Exercise (CR) 10:30 AM-Name that Tune (CR) 1:30 PM-Wii- Resident Choice 2:30 PM-Bingo 7:15 PM-Movie Night	9:15 AM-Daily Devotional/Daily Chronicle 9:45 AM-Exercise (CR) 10:15 AM-Wordle/Spelling Bee/Connections (CR) 1:30 PM-Human, The World Within - React (Episode 1) (GR) 2:00 PM-Board Games (ML)
06	07	08	09	10	11	12
10:00 AM-Non-Denominational Church Service (GR) 11:00 AM-Catholic Church Service- Streaming 1:30 PM-Crafts 1:30 PM-Movie Matinee	10:00 AM-ShopRite Trip 10:00 AM-Exercise (CR) 10:45 AM-Musician of the Moment: Elvis Presley (CR) 1:00 PM-ShopRite Trip 1:30 PM-Wii- Resident Choice 2:30 PM-Bingo	10:00 AM-Exercise (CR) 11:00 AM-Yoga with Jane 1:30 PM-Pokeno 2:30 PM-Intro to Sign Language (GR) 7:15 PM-Movie Night	10:00 AM-Stretch and Refresh Class with Kim (CR) 10:45 AM-Volunteer Meeting (GR) 11:00 AM-Lunch Outing (ML) 1:30 PM-Let's Laugh- Comedy Hour (GR) 2:30 PM-Bingo (CR)	10:00 AM-Exercise 10:30 AM-Arts & Crafts 10:30 AM-Bible Study (TF) 1:30 PM-Resident Run Rosary Group- 3rd Fl (TF) 1:30 PM-Canasta- Lobby 2:00 PM-Sketch Class- 2nd Floor	9:30 AM-Exercise (CR) 10:30 AM-Musical Chairs (CR) 1:30 PM-Wii- Resident Choice 2:30 PM-Bingo 7:15 PM-Movie Night	9:15 AM-Daily Devotional/Daily Chronicle 9:45 AM-Exercise (CR) 10:15 AM-Wordle/Spelling Bee/Connections (CR) 1:30 PM-React: The World Within - Pulse (Episode 2) (GR) 2:00 PM-Board Games (ML)
13	Columbus Day 14	15	16	17	18	19
10:00 AM-Non-Denominational Church Service (GR) 11:00 AM-Catholic Church Service- Streaming 1:30 PM-Movie Matinee 1:30 PM-Crafts	10:00 AM-ShopRite Trip 10:00 AM-Exercise (CR) 10:45 AM-Musician of the Moment: The Beatles (CR) 10:45 AM-Cooking Demonstration 1:00 PM-ShopRite Trip 1:30 PM-Wii- Resident Choice 2:30 PM-Bingo	10:00 AM-Exercise (CR) 10:00 AM-Walking Club (OF) 11:00 AM-Yoga with Jane 1:30 PM-Pokeno 2:30 PM-Intro to Sign Language (GR) 7:15 PM-Movie Night	10:00 AM-Stretch and Refresh Class with Kim (CR) 11:00 AM-Lunch Outing (ML) 1:30 PM-Let's Laugh- Comedy Hour (GR) 2:30 PM-Bingo (CR)	10:00 AM-Exercise 10:30 AM-Bible Study (TF) 10:30 AM-Arts & Crafts 1:30 PM-Resident Run Rosary Group- 3rd Fl (TF) 1:30 PM-Wines and Spines Book Club Meeting (FF) 1:30 PM-Canasta- Lobby 2:00 PM-Sketch Class- 2nd Floor	9:30 AM-Exercise (CR) 10:30 AM-Bowling for Bingo (CR) 1:30 PM-Wii- Resident Choice 2:30 PM-Bingo 7:15 PM-Movie Night	9:15 AM-Daily Devotional/Daily Chronicle 9:45 AM-Exercise (CR) 10:15 AM-Wordle/Spelling Bee/Connections (CR) 1:30 PM-React: The World Within - Fuel (Episode 3) (GR) 2:00 PM-Board Games (ML)
20	21	22	23	24	25	26
10:00 AM-Non-Denominational Church Service (GR) 11:00 AM-Catholic Church Service- Streaming 1:30 PM-Movie Matinee 1:30 PM-Crafts	10:00 AM-Exercise (CR) 10:00 AM-ShopRite Trip 10:45 AM-Musician of the Moment: Ray Charles (CR) 1:00 PM-ShopRite Trip 1:30 PM-Wii- Resident Choice 2:30 PM-Bingo	10:00 AM-Exercise (CR) 11:00 AM-Yoga with Jane 1:30 PM-Pokeno 2:30 PM-Intro to Sign Language (GR) 7:15 PM-Movie Night	10:00 AM-Stretch and Refresh Class with Kim (CR) 11:00 AM-Lunch Outing (ML) 1:30 PM-Let's Laugh- Comedy Hour (GR) 2:30 PM-Bingo (CR)	10:00 AM-Exercise 10:30 AM-Arts & Crafts 10:30 AM-Bible Study (TF) 1:30 PM-Resident Run Rosary Group- 3rd Fl (TF) 1:30 PM-Resident Council - Assisted Living (CR) 1:30 PM-Canasta- Lobby 1:30 PM-Resident Council - Independent Living (2F) 2:00 PM-Sketch Class- 2nd Floor	9:30 AM-Exercise (CR) 10:30 AM-Beanbag Baseball! (CR) 1:30 PM-Wii- Resident Choice 2:30 PM-Bingo 7:15 PM-Movie Night	9:15 AM-Daily Devotional/Daily Chronicle 9:45 AM-Exercise (CR) 10:15 AM-Wordle/Spelling Bee/Connections (CR) 1:30 PM-React: The World Within - Defend (Episode 4) (GR) 2:00 PM-Board Games (ML)
27	28	29	30	Halloween 31		
10:00 AM-Non-Denominational Church Service (GR) 11:00 AM-Catholic Church Service- Streaming 1:30 PM-Movie Matinee 1:30 PM-Crafts	10:00 AM-Exercise (CR) 10:00 AM-ShopRite Trip 10:45 AM-Cooking Demonstration 10:45 AM-Musician of the Moment: Frank Sinatra (CR) 1:00 PM-ShopRite Trip 1:30 PM-Wii- Resident Choice 2:30 PM-Bingo	10:00 AM-Exercise (CR) 11:00 AM-Yoga with Jane 1:30 PM-Pokeno 2:30 PM-Intro to Sign Language (GR) 7:15 PM-Movie Night	10:00 AM-Stretch and Refresh Class with Kim (CR) 11:00 AM-Lunch Outing (ML) 1:30 PM-Let's Laugh- Comedy Hour (GR) 2:30 PM-Bingo (CR)	10:00 AM-Exercise 10:30 AM-Arts & Crafts 10:30 AM-Bible Study (TF) 2:00 PM-Boo-Day Bash!! Halloween Party (CR)		

*Activities are subject to change