





<div>Mira Vie Clifton</div> <div>ASSISTED</div> <div>October, 2024</div>		<div>Locations</div> <div>46 Lounge (4L)</div> <div>Bistro (BI)</div> <div>St. George's Den (SG)</div>	<div>Theater Room (TR)</div> <div>Front Patio (FP)</div> <div>Chase Lounge (CL)</div>	<div>2nd Floor Arts Studio (2F)</div>		<div></div> <div>MIRA VIE</div> <div>AT CLIFTON</div>	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		01	02	03	04	05	
		10:00 AM-Today's News (4L) 10:30 AM-Trip to Starbucks for National Pumpkin Spice Day for some Pumpkin Spice coffee with friends and Pumpkin Picking at St. Lukes Church 10:30 AM-Tuesday Morning Stretch and Stroll 11:00 AM-TV Word Games 1:30 PM-Mid Day Movie and Popcorn for National Hair Day (Hair Spray) 3:00 PM-Tasty Tuesday Social (BI) 4:00 PM-Trivia Fun (SG) 6:30 PM-Tuesday TV Series (TR)	10:00 AM-Fitness Fanfare Morning Workout with Margaret from Fox Therapy (FP) 10:30 AM-What's New with You (Daily Chronicles) (SG) 11:00 AM-Coffee and Conversations with a Cop 1:30 PM-National Smarties Day (Smarties Bingo with Friends) 3:00 PM-Wacky Wednesday Social 4:00 PM-Deal It Out Card Games and Uno (CL) 6:30 PM-Wednesday Western (TR)	10:00 AM-Today's News (Daily Chronicle) (BI) 10:30 AM-Thursday Stroll to Music/ Thursday Stretch and Movement (SG) 11:00 AM-TV Word Games 11:00 AM-Food Forum with Chef Roy in the Bistro 1:30 PM-Trip to Shoprite 3:00 PM-Thankful Thursday Social (BI) 4:00 PM-Trivia Time on the Big Screen (4L) 6:30 PM-Thursday Evening Movie (TR)	10:00 AM-Friday news! Daily Chronicles (SG) 10:30 AM-Smile with a Child for World Smile Day 11:00 AM-Friday Fun Dance Class with JoAnne with Starlight Dance Academy 1:30 PM-Trip to the Mall for a Cinnabon Bun Day National Cinnabon Day 4:00 PM-Senior Jokes for World Smile Day (SG) 6:30 PM-Friday Night Movie Special (SG)	10:00 AM-Weekend Chitchat (Saturday Daily Chronicles) (SG) 10:30 AM-Weekend Walking Club and Saturday Stretching (FP) 11:00 AM-Make Cards for Children in the Hospital for(National Nice Day) 3:00 PM-Saturday Sweets Social (2F) 6:30 PM-Singing Saturday: Musical (TR)	
06	Happy Birthday Daniela D. ! 07	08	09	10	11	Happy Birthday Norma H. ! 12	
10:00 AM-Morning Motivation (Daily Chronicles) (FP) 10:30 AM-Emergence Church Message of Hope (SG) 11:00 AM-TV Word Games 1:30 PM-Big Bingo Fun 3:00 PM-Sunday Social (BI) 4:00 PM-Sunday Fun Games (4L)	10:00 AM-Monday Morning New (Daily Chronicles) 10:30 AM-Monday Morning Movement (Workout) (4L) 11:00 AM-Mental Aerobics (SG) 2:00 PM-Musical Monday (Live Entertainment with Dave) 3:00 PM-Mellow Monday Social (BI) 4:00 PM-Dance for the Ages with Shanna and June (SG) 6:30 PM-Monday Mystery Movie (TR)	10:00 AM-Today's News (4L) 10:30 AM-Tuesday Morning Stretch and Stroll 11:00 AM-National Hero Day - HOORAY!!! Heroes for our Hometown Heroes 2:00 PM-Roman Catholic Mass with St. Phillips Church 3:00 PM-Tasty Tuesday Social (BI) 4:00 PM-Trivia Fun (SG) 4:00 PM-TV Word Games (SG) 6:30 PM-Tuesday TV Series (TR)	10:00 AM-Fitness Fanfare Morning Workout with Margaret from Fox Therapy (FP) 10:30 AM-What's New with You (Daily Chronicles) (SG) 11:00 AM-A Classic Doll Show by RoseMary 1:30 PM-Teddy Bear Bingo Fun 4:00 PM-Deal It Out Card Games and Uno (CL) 6:30 PM-Wednesday Western (TR)	10:00 AM-Today's News (Daily Chronicle) (BI) 10:30 AM-Thursday Stretch and Stroll 11:00 AM-National Walk to a Park (Trip to the Park) 2:00 PM-Handbag Fashion Show for National Handbag Day 3:00 PM-Thankful Thursday Social (BI) 4:00 PM-Trivia Time on the Big Screen (4L) 6:30 PM-Thursday Evening Movie (TR)	10:00 AM-Friday news! Daily Chronicles (SG) 10:30 AM-Fun Friday Word Games 11:00 AM-Friday Fun Dance Class with JoAnne with Starlight Dance Academy 2:00 PM-National Sausage Pizza Day (Spice it up) 4:00 PM-Frank Sinatra Friday (SG) 6:30 PM-Friday Night Movie Special (SG)	10:00 AM-Weekend Chitchat (Saturday Daily Chronicles) (SG) 10:30 AM-Saturday Crochet Class with Shari for National Crochet Day (FP) 2:00 PM-SoulKear Saturday Yoga Class with Keara 3:00 PM-Saturday Sweets Social (2F) 6:30 PM-Singing Saturday: Musical (TR)	
13	Columbus Day 14	15	16	17	18	19	
10:00 AM-Morning Motivation (Daily Chronicles) (FP) 10:30 AM-Morning Walk & Sunday Stretch Video (SG) 11:00 AM-TV Word Games 1:00 PM-Sunday Football Fun in the Chase Lounge 3:00 PM-Sunday Social (BI) 4:00 PM-Sunday Book Club Circle (4L)	10:30 AM-Monday Morning Movement (Workout) (4L) 11:00 AM-Mental Aerobics (SG) 2:00 PM-Columbus Day Live Entertainment 3:00 PM-Mellow Monday Social (BI) 4:00 PM-Dance for the Ages with Shanna and June (SG) 6:30 PM-Monday Mystery Movie (TR)	10:00 AM-Today's News (4L) 10:30 AM-Tuesday Morning Stretch and Stroll 11:00 AM-TV Word Games 1:30 PM-Games and Party with the Visiting Angels 3:00 PM-Tasty Tuesday Social (BI) 4:00 PM-Trivia Fun (SG) 6:30 PM-Tuesday TV Series (TR)	10:00 AM-Fitness Fanfare Morning Workout with Margaret from Fox Therapy (FP) 10:30 AM-What's New with You (Daily Chronicles) (SG) 11:00 AM-Big Bowling 1:30 PM-National Sports Day Senior Sports Games 4:00 PM-Deal It Out Card Games and Uno (CL) 6:30 PM-Wednesday Western (TR)	10:00 AM-Today's News (Daily Chronicle) (BI) 10:30 AM-Thursday Stroll to Music/ Thursday Stretch and Movement (SG) 10:30 AM-Dollar Tree and Dunkin Doughnuts 3:00 PM-Thankful Thursday Social (BI) 4:00 PM-Trivia Time on the Big Screen (4L) 5:30 PM-National Pasta Day Pasta Dinner Party with Hunter Hayes 6:30 PM-Thursday Evening Movie (TR)	10:00 AM-Friday news! Daily Chronicles (SG) 11:00 AM-Friday Fun Dance Class with JoAnne with Starlight Dance Academy 1:30 PM-National Chocolate Cupcake Day (Trip to We Bake Fresh Bakery) 4:00 PM-Frank Sinatra Friday (SG) 6:30 PM-Friday Night Movie Special (SG)	10:00 AM-Weekend Chitchat (Saturday Daily Chronicles) (SG) 10:30 AM-Weekend Walking Club and Saturday Stretching (FP) 1:30 PM-Creating with Clay with Heather 3:00 PM-Saturday Sweets Social (2F) 6:30 PM-Singing Saturday: Musical (TR)	
20	Happy Birthday Judith P. ! 21	22	23	24	25	26	
10:00 AM-Morning Motivation (Daily Chronicles) (FP) 10:30 AM-Morning Walk & Sunday Stretch Video (SG) 11:00 AM-Sunday TV Word Games 1:30 PM-Big Bingo 3:00 PM-Sunday Social (BI) 4:00 PM-Sunday Book Club Circle (4L)	10:00 AM-Tuesday Daily Chronicles 10:30 AM-Scarecrow Making Monday for Clifton Contest (4L) 2:00 PM-Musical Monday with Michael Armeno 3:00 PM-Mellow Monday Social (BI) 4:00 PM-Dance for the Ages with Shanna and June (SG) 6:30 PM-Monday Mystery Movie (TR)	10:00 AM-Today's News (4L) 11:00 AM-TV Word Games 1:30 PM-National Color Day Balloon Tennis Competition with Staff 3:00 PM-Tasty Tuesday Social (BI) 4:00 PM-Name 5 (SG) 4:00 PM-Trivia Fun (SG) 6:30 PM-Tuesday TV Series (TR)	10:00 AM-Fitness Fanfare Morning Workout with Margaret from Fox Therapy (FP) 10:30 AM-What's New with You (Daily Chronicles) (SG) 1:30 PM-Wildlife Wednesday (Trip to the Turtleback Zoo) 4:00 PM-Deal It Out Card Games and Uno (CL) 6:30 PM-Wednesday Western (TR)	10:00 AM-Today's News (Daily Chronicle) (BI) 10:30 AM-Thursday Stretch and Stroll 2:00 PM-Turtle back zoo comes to Mira Vie :) 3:00 PM-Thankful Thursday Social (BI) 4:00 PM-Trivia Time on the Big Screen (4L) 6:30 PM-Thursday Evening Movie (TR)	10:00 AM-Friday news! Daily Chronicles (SG) 11:00 AM-Friday Fun Dance Class with JoAnne with Starlight Dance Academy 2:00 PM-Senior Comedy Show 4:00 PM-Frank Sinatra Friday (SG) 6:30 PM-Friday Night Movie Special (SG)	10:00 AM-Weekend Chitchat (Saturday Daily Chronicles) (SG) 10:30 AM-Weekend Walking Club and Saturday Stretching (FP) 1:30 PM-National Trick or Treat Day and National Pumpkin day with the Girl Scouts 3:00 PM-Saturday Sweets Social (2F) 6:30 PM-Singing Saturday: Musical (TR)	
27	28	29	30	Halloween 31			
10:00 AM-Morning Motivation (Daily Chronicles) (FP) 10:30 AM-Morning Walk & Sunday Stretch Video (SG) 2:00 PM-2024 Mira Vie at Clifton Breast Cancer Walk 3:00 PM-Sunday Social (BI) 4:00 PM-Sunday Book Club Circle (4L)	10:30 AM-Monday Morning Movement (Workout) (4L) 11:00 AM-Chocolate Games for National Chocolate Day (SG) 2:00 PM-Resident Council 3:00 PM-Mellow Monday Social (BI) 4:00 PM-Dance for the Ages with Shanna and June (SG) 6:30 PM-Monday Mystery Movie (TR)	10:00 AM-Today's News (4L) 10:30 AM-Tuesday Morning Stretch and Stroll 11:00 AM-TV Word Games 1:30 PM-Pumpkin Spice and Poker Day 3:00 PM-Tasty Tuesday Social (BI) 4:00 PM-Trivia Fun (SG) 6:30 PM-Tuesday TV Series (TR)	10:00 AM-Fitness Fanfare Morning Workout with Margaret from Fox Therapy (FP) 10:30 AM-What's New with You (Daily Chronicles) (SG) 2:00 PM-Spooky Spice it up the Shannya 4:00 PM-Deal It Out Card Games and Uno (CL) 6:30 PM-Wednesday Western (TR)	10:00 AM-Today's News (Daily Chronicle) (BI) 10:30 AM-Thursday Stroll to Music/ Thursday Stretch and Movement (SG) 2:00 PM-Halloween Disco Party with Dj Ivan 3:00 PM-Thankful Thursday Social (BI) 4:00 PM-Trivia Time on the Big Screen (4L) 6:30 PM-Thursday Evening Movie (TR)		<div>* Activities are subject to change</div>	